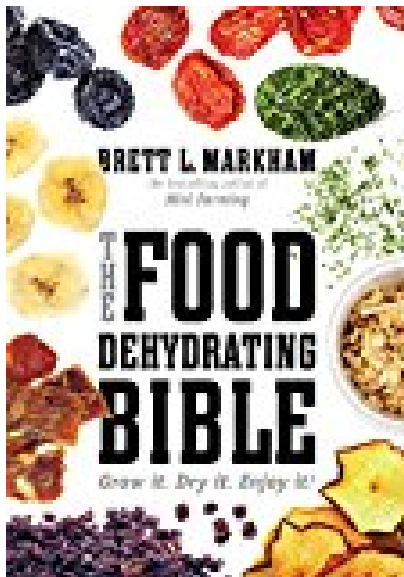


# The Food Dehydrating Bible Grow it. Dry it. Enjoy it!



## BOOK DETAILS

- Author : Brett L. Markham
- Pages : 160 Pages
- Publisher : Skyhorse Publishing
- Language : English
- ISBN : 162914181X



## BOOK SYNOPSIS

Bestselling author of the Mini Farm series, self-sufficiency expert Brett Markham turns his attention to the timeless art of food dehydrating. An avid food dryer for years, Brett walks you through the simple steps for dehydrating everything from traditional classics like apples and jerky to more unusual fare. Whether you're following a raw food lifestyle or looking for new ways to make the most of your garden's produce, this is an inside look at all aspects of dehydrating. The Food Dehydrating Bible includes:

- Straightforward, easy-to-follow instructions
- Dozens of recipes
- Diagrams
- One hundred color photographs
- And more!

This is a must-have manual for beginners and dehydrating gurus alike!

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